

Mangia Mangia Café is perhaps the only local Italian Fast Food Restaurant that, since its inception in 1997, has consistently prepared all of its dishes in the Italian tradition. Attentive service, large portions and perfect balance between fresh homemade dishes and affordable prices are among our trade marks. You can enjoy all these in the perfect setting of the newly renovated City National Plaza.

Our Italian favorites, like various made to order Pasta dishes, authentic wholesome Pizzas, zesty Salads, hearty Sandwiches and Soups, grilled Fish and Chicken and heavenly Desserts, certainly need no introduction to the experienced Downtown diner, but, if it's your first time eating at Mangia Mangia, you may just feel like you have been reacquainted.

Mangia Mangia also offers catering services tailored to your catering needs. No event is too small or too big and our experienced staff will work with you to put together a menu fit for any meeting, function and budget.

To all of our very special patrons - past, present & future - thank you and Bon Appetito!

**CITY NATIONAL PLAZA - 505 S. Flower Street #B230
Los Angeles, CA 90017**

P: 213-683-1122 F: 213-683-1125

Website: Mangiamangiacafe.com

Email: info@mangiamangiacafe.com

Mon-Fri 10:45 a.m. - 2.30 p.m.

Validated parking available at 400 S. Flower Street.

*Mangia
Mangia*

ITALIAN CAFFE



***Dine in - Take Out - Delivery
Catering***

**CITY NATIONAL PLAZA - 505 S. Flower Street #B230,
Los Angeles, CA 90071**

P: 213-683-1122 F: 213-683-1125

Create your own Salad - \$8.75

Choose unlimited ingredients from categories below and let us know if you want your salad tossed.

- Greens:** Romaine Lettuce, Spring Mix, Spinach, Kale
- Veggies:** Artichokes, Beets, Bell Peppers, Broccoli, Carrots, Cauliflower, Celery, Cilantro, Cucumber, Jalapenos, Mushroom, Red Onion, Pepperoncini, Olives, Green Peas, Radish, Red Cabbage, Fresh Tomato, Sundried Tomato, Water Chestnut.
- Fruit:** Dry Cranberries, Raisins, Mandarin Orange, Peach, Pineapple.
- Beans:** Black Beans, Red Kidney Beans, Garbanzo Beans, Corn.
- Nuts & Seeds:** Almond, Cashew, Walnut, Glazed Walnut, Sunflower Seed, Sesame Seed, Flaxseed.
- More Toppings:** Croutons, Egg, Rice Noodles, Tortilla Strips.
- Cheese:** Mozzarella, Blue, Cheddar, Feta, Goat, Parmesan. Choose One
- Dressing:** House Italian, Balsamic Vinaigrette, Ranch, Blue Cheese, 1000 Island, Raspberry Vinaigrette, Fat-Free Italian, Fat-Free Mango Passion, Balsamic Vinegar, Spicy Peanut Vinaigrette, Red Vinegar, Olive Oil, Fresh Lemon
- Chicken & Turkey Breasts:** Broiled Chicken, BBQ Chicken, Spicy Chicken, Pesto Chicken, Chicken Salad, Roasted Turkey. + 3
- Meat:** Bacon + 1.50 Cold Cuts + 3 **QUINOA** + 2.95
- Seafood:** Sautéed Shrimps, + 4.25 Tuna Salad + 4.00 Broiled Herb Salmon (Hot or Cold) + 4.25
- More Extras:** Avocado + 1.00 Add any soup - Cup + 3 Bowl + 4

Classic Salads

- **House Salad** Small 4 Large 8
Romaine, red cabbage, tomatoes, mushrooms, croutons, olives.
 - **Caesar Salad** Small 4 Large 8
Romaine, seasoned croutons, parmesan cheese, Caesar dressing.
 - **Caesar Chicken Salad** 11
Our Caesar Salad topped with broiled chicken breast.
 - **Caesar Shrimp Salad** 12
Our Caesar Salad topped with sautéed shrimps.
 - **Chinese Chicken Salad** 11
Romaine, water chestnuts, mandarin oranges, cashews, sesame seeds, rice noodles, broiled chicken breast, sesame dressing.
 - **Herb Crusted Salmon Salad** 13
Bed of baby greens, hearts of palms, walnuts, tomatoes, house dressing topped with warm grilled herb crusted Salmon.
 - **California Salad** 10
Spinach, artichoke hearts, avocado, mushrooms, tomatoes, and goat cheese.
 - **Cobb Salad** 11
Romaine, roasted turkey, applewood bacon, avocado, blue cheese, eggs, tomatoes.
 - **Special Tuna Salad** 12
Baby greens, romaine, tomatoes, avocado, corn, eggs, topped with our Tuna Salad.
 - **Antipasto Chopped Salad** 11
Our House Salad topped with Genoa salami, capicola, mortadella, mozzarella cheese.
 - **Chicken Santa Fe Salad** 11
Broiled chicken breast, corn, black beans, crispy tortilla strips, tomatoes, green onions, shredded Mozzarella cheese with spicy peanut vinaigrette.
- Add:** Cup of any soup + 3 Bowl of any soup + 4.00

All salads are served with focaccia or garlic bread

Sandwiches

	Small Tray 10 persons 10 - 4.5" sand	Large Tray 20 persons 20 - 4.5" sand
Broiled Chicken Breast	50	99
Turkey & Bacon	50	99
Chicken & Bacon	50	99
Chicken Parmesan	50	99
Italian Meatballs	50	99
Italian Sausage	50	99
Chicken Salad	50	99
Grilled Chicken Caesar	50	99
Tuscan Salami & Pepperoni	50	99
Turkey & Gouda	50	99
Chicken Caprese	50	99
Prosciutto	50	99
Cobb	50	99
Broiled Chicken Club	50	99
Side of Pasta salad	30	60
Side of Green Salad	30	60
Side of Caesar Salad	30	60
Assorted Chips	1.5 ea	1.5 ea

Pasta

	Small Tray 9-10 persons	Large Tray 18-20 persons
Marinara	55	110
Alfredo	55	110
Pomodoro	55	110
Primavera	55	110
Al Vodka	55	110
Pesto	55	110
Con Polo	65	130
Fettuccine Con Polo	65	130
Cajon Cream	65	130
Shrimp & scallops	85	170
Lasagna - Meat or Vegetarian	65	---
Meatballs or Sausages	65	130
Ravioli - Cheese or Meat	65	130
Carbornara	65	130
Meat Sauce	65	130

Chicken

	Small Tray 9-10 persons	Large Tray 18-20 persons
Marsala	75	150
Parmigiana	75	150
Griglia	75	150

Fish

	Small Tray 9-10 persons	Large Tray 18-20 persons
Salmone Griglia	85	170
Creamy Tilapia	85	170

Deserts

■ Mini Pastries	1.5
■ Cookies	1.5
■ Mini Brownie	1.5

Beverages

■ Soda	2.5
■ Tropical Iced Tea	2.5
■ Snapple	2.5
■ Pellegrino Italian Soda	2.5
■ Lorina French Lemonade	3
■ IBC Root Beer (Diet as well)	2.5
■ Mineral Water	3
■ Bottled Water	2

Catering Services

Salads

	Small 9-10 persons	Large 18-20 persons
House	40	80
Caesar	40	80
Caesar Chicken	55	110
Caesar Shrimp	70	140
Chinese Chicken	55	110
Herb Salmon	75	150
California	50	100
Cobb	55	110
Special Tuna	60	120
Antipasto	55	110
Chicken Santa Fe	55	110

Sandwiches

	Small Tray 10 persons 10 - 4.5" sand	Large Tray 20 persons 20 - 4.5" sand
Turkey Breast	45	90
Ham & Cheese	45	90
Tuna	45	90
Salami, Capicola & Mortadella	45	90
Vegetarian	45	90
Caprese	45	90
Eggplant Parmesan	45	90

Create your own Sandwiches 6" / Small

Bread choices: Focaccia, French roll, Ciabatta,
Wheat Loaf, Wrap - Flour / Sundried Tomato / Spinach.
Gluten Free Flat Bread + \$1.50

Smoked Turkey Breast	7.5	Broiled Chicken Breast	8.5
Ham & Cheese	7.5	Turkey & Bacon	8.5
Albacore Tuna Salad	7.5	Broiled Chicken & Bacon	8.5
Italian— Salami, Capicola, Mortadella	7.5	Chicken Parmesan	8.5
Vegetarian - Eggplant, Zucchini, Red Onion, Roasted Red Pepper	7.5	Italian Meatballs	8.5
Caprese	7.5	Italian Sausage & Pepper	8.5
Eggplant Parmesan	7.5	Chicken Salad	8.5

Choose From:

Spread: Mustard, Dijon Mustard, Mayonnaise, Aioli Spread, Pesto Spread, Chipotle Spread, Sundried Tomato Spread, Cranberry Spread

Cheese: Mozzarella, Swiss, Provolone, Cheddar, Goat, Gouda (Choose One)

Veggis: Lettuce, Spring Mix, Spinach, Tomatoes, Cucumber, Bell Peppers, Jalapenos, Cilantro, Pepperoncinis, Pickles, Red Onion, Olives

Dressing: House Italian, Fat Free Italian, Caesar, Ranch, Blue Cheese, Balsamic Vinaigrette, 1000 Island, Oil, Red Wine / Balsamic Vinegar

Extra: Avocado + \$ 1.00 Bacon + \$ 1.00

Upgrade to a 9" / Large Sandwich add \$ 2

Classic Sandwiches - 9" / LRG ONLY

■ Grilled Chicken Caesar Sandwich	10
Grilled chicken breast, Caesar aioli, parmesan cheese, romaine on French or Focaccia.	
■ Tuscan Salami & Pepperoni	10
Herb aioli, provolone cheese, romaine, tomatoes on French or Focaccia.	
■ Turkey & Smoked Gouda	10
Herb aioli, mashed avocado, lettuce, tomatoes.	
■ Chicken Caprese	10.5
Pesto aioli, broiled chicken breast, fresh mozzarella, spring mix greens, tomatoes.	
■ Prosciutto	10.5
Prosciutto ham, herb aioli, Dijon mustard, mozzarella cheese, romaine, tomatoes.	
■ Cobb	10.5
Premium smoked turkey breast, applewood bacon, avocado, Swiss cheese, lettuce, tomatoes, mayo, Dijon mustard.	
■ Broiled Chicken Club	10.5
Broiled chicken breast, crisp applewood bacon, melted Swiss cheese, tomatoes, spinach, sun-dried tomato aioli. Served Hot.	

Sandwich Sides

Assorted Chips..1.5 - Pasta Salad Side..2.75 - Green Salad Side..2.75
Fries.....2.5 Truffle Fries.....3.5 Home-made Chips.....2.5

Combo it:	Fountain Soda	+ \$2
	Fountain Soda & Chips	+ \$3.25
	Fountain Soda & Pasta Salad	+ \$4
	Fountain Soda & Green Salad	+ \$4
	Fountain Soda & Fries.....	+ \$4
	Salad & Fries.....	+ \$4
	Salad & Home-Made Chips.....	+ \$4
	Soup Cup.....	+ \$3
	Bowl.....	+ \$4

Pasta

All Pastas are served with focaccia or garlic bread

■ Penne Marinara	9
Tube shaped pasta with our homemade marinara sauce.	
■ Fettuccine Alfredo	9.5
Flat wide pasta with cream sauce and parmesan cheese.	
■ Capellini Pomodoro	9.5
Angel hair pasta, chopped fresh tomatoes, fresh basil, garlic, olive oil.	
■ Linguine Primavera	9.5
Flat pasta with fresh seasonal vegetables in tomato sauce.	
■ Rigatoni al Vodka	9.5
Large tube shaped pasta in creamy tomato sauce.	
■ Farfalle Pesto	9.5
Bow tie pasta with creamy Pesto sauce .	
■ Linguine White Clam Sauce	12.5
Flat pasta, clams, olive oil, garlic, fresh basil in white wine sauce.	
■ Linguine con Polo	11
Flat pasta, broiled chicken breast, mushrooms, bell peppers in marinara sauce.	
■ Spinach Fettuccine con Polo	11
Wide spinach pasta with chicken breast, scallions, garlic in Alfredo sauce.	
■ Rigatoni Chicken with Cajon Cream Sauce	11
Chicken breast, red and green bell peppers, scallions, garlic, white wine and a creamy Cajon sauce over large tube pasta.	
■ Capellini with Shrimp & Scallops	14.5
Shrimp and scallops sautéed with olive oil, garlic, scallions, fresh tomatoes, white wine served over angel hair pasta.	
■ Lasagna Meat or Vegetarian	10.5
Layers of pasta noodles, ricotta, parmesan cheese, marinara sauce with meat or vegetables.	
■ Spaghetti with Meatballs or Sausages	10.5
Spaghetti pasta, marinara sauce and four homemade meatballs or two mild Italian sausages.	
■ Ravioli Cheese or Meat	10.5
Jumbo Raviolis stuffed with cheese or meat in Marinara sauce.	
■ Spaghetti Carbonara	11
Spaghetti pasta, bacon, scallions, cream sauce.	
■ Spaghetti Bolognese (Meat Sauce)	10.5
Spaghetti pasta, tomato meat sauce.	
Add Broiled Chicken \$ 3 Add Shrimp \$ 4.25	
Add 2 Meatball or 1 sausage \$ 2 Add Broiled Salmon \$ 4.25	
Add any cup of Soup \$ 3 Small Green Salad \$ 3	
Substitute with Gluten Free Pasta - Penne, Spaghetti + \$ 2.5	

Soups

All Soups are served with focaccia or garlic bread

■ Vegetable Soup (Minestrone)	Cup (11oz) 4	Bowl (15oz) 5.5
■ Chicken Noodle	Cup (11oz) 4	Bowl (15oz) 5.5
■ Chicken Tortilla with Avocado	Cup (11oz) 4	Bowl (15oz) 5.5

Pizza

	<u>Slice</u>	<u>10"</u>	<u>16"</u>
■ Margherita (Cheese Pizza)	3	9	17.5
Mozzarella cheese pizza.			
■ Checca	3	9	17.5
Mozzarella cheese, fresh chopped tomatoes, fresh basil.			
■ Pepperoni	3.5	11	19.5
Mozzarella cheese, pepperoni.			
■ Sausage	3.5	11	19.5
Mozzarella cheese, Italian sausage.			
■ Sausage & Pepperoni	3.5	11	19.5
Mozzarella cheese, Italian sausage, pepperoni.			
■ Vegetable – Cheese less	3.5	11	19.5
Grilled eggplant & zucchini, mushroom, spinach, broccoli, red onion, tomato, basil.			
■ B.B.Q. Chicken	3.5	11	19.5
Mozzarella cheese, red onion, BBQ chicken breast.			
■ Hawaiian	3.5	11	19.5
Mozzarella cheese, ham, pineapple.			
■ Meat & Veggie	3.5	11	19.5
Mozzarella cheese, pepperoni, sausage, mushroom, red onion, olive, bell pepper.			
Extra Topping	0.4	0.90	2.2
Gluten Free Crust	—	2.5	—

Pizza Combo

■ Mangia Pizza Combo	7.95
Any slice from above pizzas, fountain drink and choice of side salad or cup of soup.	

Chicken

All platters are served with two sides of the day and choice of bread

■ Chicken Marsala	11.5
Chicken breast sautéed with garlic, mushrooms, green onions in marsala wine sauce.	
■ Chicken Parmigiana	11.5
Crispy breaded chicken breast baked with marinara sauce and mozzarella cheese.	
■ Chicken Griglia	11.5
Broiled herb marinated chicken breast	
■ Chicken Broccoli	10
Broiled herb marinated chicken breast & steamed broccoli sautéed with olive oil & garlic. No sides served with this selection.	

Fish

All platters are served with two sides of the day and choice of bread

■ Salmone Griglia	13.5
Grilled salmon fillet with garlic, green onions, mushrooms, red and green bell peppers with white wine sauce.	
■ Creamy Tilapia	13.5
Fillet of Tilapia, sautéed with mushrooms, green onions, cilantro in cream sauce.	