

*Mangia
Mangia*

ITALIAN CAFE

***Dine in - Take Out - Delivery
Catering***



Mangia Mangia Café is perhaps the only local Italian Fast Food Restaurant that, since its inception in 1997, has consistently prepared all of its dishes in the Italian tradition. Attentive service, large portions and perfect balance between fresh homemade dishes and affordable prices are among our trade marks. You can enjoy all these in the perfect setting of the newly renovated City National Plaza.

Our Italian favorites, like various made to order Pasta dishes, authentic wholesome Pizzas, zesty Salads, hearty Sandwiches and Soups, grilled Fish and Chicken and heavenly Desserts, certainly need no introduction to the experienced Downtown diner, but, if it's your first time eating at Mangia Mangia, you may just feel like you have been reacquainted.

Mangia Mangia also offers catering services tailored to your catering needs. No event is too small or too big and our experienced staff will work with you to put together a menu fit for any meeting, function and budget.

CITY NATIONAL PLAZA - 505 S. Flower Street #B230, Los Angeles, CA 90017

P: 213-683-1122 F: 213-683-1125

Website: Mangiamangiacafe.com - Email: info@mangiamangiacafe.com

Mon-Fri 10:30 a.m. - 2:30 p.m.

Validated parking available at 400 S. Flower Street.

Create your own Salad - \$7.50

Choose unlimited ingredients from categories below and let us know if you want your salad tossed.

- Greens:** Romaine Lettuce, Spring Mix, Spinach, **KALE** new
- Veggies:** Artichokes, Beets, Bell Peppers, Broccoli, Carrots, Cauliflower, Celery, Cilantro, Cucumber, Jalapenos, Mushroom, Red Onion, Pepperoncini, Olives, Green Peas, Radish, Red Cabbage, Fresh Tomato, Sundried Tomato, Water Chestnut.
- Fruit:** Dry Cranberries, Raisins, Mandarin Orange, Peach, Pineapple.
- Beans:** Black Beans, Red Kidney Beans, Garbanzo Beans, Corn.
- Nuts & Seeds:** Almond, Cashew, Walnut, Glazed Walnut, Sunflower Seed, Sesame Seed, Flaxseed.

More Toppings: Croutons, Egg, Rice Noodles, Tortilla Strips.

Cheese: Mozzarella, Blue, Cheddar, Feta, Goat, Parmesan. Choose One

Dressing: House Italian, Balsamic Vinaigrette, Ranch, Blue Cheese, 1000 Island, Raspberry Vinaigrette, Fat-Free Italian, Fat-Free Mango Passion, Balsamic Vinegar, Spicy Peanut Vinaigrette, Red Vinegar, Olive Oil, Fresh Lemon

Chicken & Turkey Breasts: Broiled Chicken, BBQ Chicken, Spicy Chicken, Pesto Chicken, Chicken Salad, Roasted Turkey. **+ 2.25**

Meat: Bacon **+ 1.50** Cold Cuts **+ 2.50** new **QUINOA** **+ 2.50**

Seafood: Crab Meat, Sautéed Shrimps, Tuna Salad **+ 4.00**
Broiled Herb Salmon (Hot or Cold) **+ 4.00**

More Extras: Avocado **+ 1.00** Add any soup - Cup **+ 2.75** Bowl **+ 4.00**

Classic Salads

- **House Salad** Small 3.00 Large 7.00
Romaine, red cabbage, tomatoes, mushrooms, croutons, olives.
 - **Caesar Salad** Small 3.25 Large 7.50
Romaine, seasoned croutons, parmesan cheese, Caesar dressing.
 - **Caesar Chicken Salad** 9.50
Our Caesar Salad topped with broiled chicken breast.
 - **Caesar Shrimp Salad** 11.00
Our Caesar Salad topped with sautéed shrimps.
 - **Chinese Chicken Salad** 9.50
Romaine, water chestnuts, mandarin oranges, cashews, sesame seeds, rice noodles, broiled chicken breast, sesame dressing.
 - **Herb Crusted Salmon Salad** 11.50
Bed of baby greens, hearts of palms, walnuts, tomatoes, house dressing topped with warm grilled herb crusted Salmon.
 - **California Salad** 9.00
Spinach, artichoke hearts, avocado, mushrooms, tomatoes, and goat cheese.
 - **Cobb Salad** 9.50
Romaine, roasted turkey, applewood bacon, avocado, blue cheese, eggs, tomatoes.
 - **Special Tuna Salad** 9.50
Baby greens, romaine, tomatoes, avocado, corn, eggs, topped with our Tuna Salad.
 - **Antipasto Chopped Salad** 9.50
Our House Salad topped with Genoa salami, capicola, mortadella, mozzarella cheese.
 - **Chicken Santa Fe Salad** 9.50
Broiled chicken breast, corn, black beans, crispy tortilla strips, tomatoes, green onions, shredded Mozzarella cheese with spicy peanut vinaigrette.
- Add:** Cup of any soup **+ 2.75** Bowl of any soup **+ 4.00**

All salads are served with focaccia or garlic bread

Create your own Sandwiches 6" / Small

Bread choices: Focaccia, French roll, Ciabatta,
Wheat Loaf, Wrap - Flour / Sundried Tomato / Spinach.
Gluten Free Flat Bread **+ \$1.50**

Smoked Turkey Breast	6.25	Broiled Chicken Breast	6.75
Ham & Cheese	6.25	Turkey & Bacon	6.75
Albacore Tuna Salad	6.25	Broiled Chicken & Bacon	6.75
Italian— Salami, Capicola, Mortadella	6.25	Chicken Parmesan	6.75
Vegetarian - Eggplant, Zucchini, Red Onion, Roasted Red Pepper	6.25	Italian Meatballs	6.75
Caprese	6.25	Italian Sausage & Pepper	6.75
Eggplant Parmesan	6.25	Chicken Salad	6.75

Choose From:

- Spread:** Mustard, Dijon Mustard, Mayonnaise, Aioli Spread, Pesto Spread, Chipotle Spread, Sundried Tomato Spread, Cranberry Spread
- Cheese:** Mozzarella, Swiss, Provolone, Cheddar, Goat, Gouda (Choose One)
- Veggies:** Lettuce, Spring Mix, Spinach, Tomatoes, Cucumber, Bell Peppers, Jalapenos, Cilantro, Pepperoncini, Pickles, Red Onion, Olives
- Dressing:** House Italian, Fat Free Italian, Caesar, Ranch, Blue Cheese, Balsamic Vinaigrette, 1000 Island, Oil, Red Wine / Balsamic Vinegar
- Extra:** Avocado **+ \$1.00** Bacon **+ 1.00**

Upgrade to a 9" / Large Sandwich add \$1.75

Classic Sandwiches - 9" / LRG ONLY

- **Grilled Chicken Caesar Sandwich** 9.00
Grilled chicken breast, Caesar aioli, parmesan cheese, romaine on French or Focaccia.
- **Tuscan Salami & Pepperoni** 9.00
Herb aioli, provolone cheese, romaine, tomatoes on French or Focaccia.
- **Turkey & Smoked Gouda** 9.00
Herb aioli, mashed avocado, lettuce, tomatoes.
- **Chicken Caprese** 9.00
Pesto aioli, broiled chicken breast, fresh mozzarella, spring mix greens, tomatoes.
- **Prosciutto** 9.50
Prosciutto ham, herb aioli, Dijon mustard, mozzarella cheese, romaine, tomatoes.
- **Cobb** 9.50
Premium smoked turkey breast, applewood bacon, avocado, Swiss cheese, lettuce, tomatoes, mayo, Dijon mustard.
- **Broiled Chicken Club** 9.50
Broiled chicken breast, crisp applewood bacon, melted Swiss cheese, tomatoes, spinach, sun-dried tomato aioli. Served Hot.

Sandwich Sides

Assorted Chips..1.25 - Pasta Salad Side..2.50 - Green Salad Side..2.75
Fries.....1.95 Truffle Fries.....1.95 Home-made Chips.....1.95

Comba it:	Fountain Soda	add \$1.50
	Fountain Soda & Chips	add \$2.50
	Fountain Soda & Pasta Salad	add \$3.75
	Fountain Soda & Green Salad	add \$4.00
	Fountain Soda & Fries.....	add \$3.25
	Cup of Soup.....	add \$2.75
	Bowl of Soup.....	add \$4.00

Desserts

■ Mini Pastries	0.95
■ Cookies	1.50
■ Mini Brownie	0.95

Beverages

■ Fountain Soda	1.75
■ Tropical Iced Tea	1.75
■ Snapple	2.50
■ Pellegrino Italian Soda	2.50
■ Galvanina Organic Italian Soda	2.95
■ Lorina French Lemonade	2.95
■ IBC Root Beer (Diet as well)	2.50
■ Mineral Water	2.95
■ Bottled Water	1.50

Catering Services

Salads

	Small 9-10 persons	Large 18-20 persons
House	37.50	75.00
Caesar	37.50	75.00
Caesar Chicken	49.50	99.00
Caesar Shrimp	65.00	130.00
Chinese Chicken	49.50	99.00
Herb Salmon	65.00	130.00
California	45.00	90.00
Cobb	49.50	99.00
Special Tuna	49.50	99.00
Antipasto	49.50	99.00
Chicken Santa Fe	49.50	99.00

Sandwiches

	Small Tray 10 persons 10 - 4.5" sand	Large Tray 20 persons 20 - 4.5" sand
Turkey Breast	37.50	75.00
Ham & Cheese	37.50	75.00
Tuna	37.50	75.00
Salami, Capicola & Mortadella	37.50	75.00
Vegetarian	37.50	75.00
Caprese	37.50	75.00
Eggplant Parmesan	37.50	75.00

Sandwiches

	Small Tray 10 persons 10 - 4.5" sand	Large Tray 20 persons 20 - 4.5" sand
Broiled Chicken Breast	40.00	80.00
Turkey & Bacon	40.00	80.00
Chicken & Bacon	40.00	80.00
Chicken Parmesan	40.00	80.00
Italian Meatballs	40.00	80.00
Italian Sausage	40.00	80.00
Chicken Salad	40.00	80.00
Grilled Chicken Caesar	45.00	90.00
Tuscan Salami & Pepperoni	45.00	90.00
Turkey & Gouda	45.00	90.00
Chicken Caprese	45.00	90.00
Prosciutto	50.00	100.00
Cobb	50.00	100.00
Broiled Chicken Club	50.00	100.00
Side of Pasta salad		
Side of Green Salad	27.50	55.00
Side of Caesar Salad	27.50	55.00
Assorted Chips	27.50	55.00

Pasta

	Small Tray 9-10 persons	Large Tray 18-20 persons
Marinara	49.50	99.00
Alfredo	49.50	99.00
Pomodoro	49.50	99.00
Primavera	52.50	99.00
Al Vodka	52.50	99.00
Pesto	52.50	99.00
Con Polo	57.50	115.00
Fettuccine Con Polo	57.50	115.00
Cajon Cream	57.50	115.00
Shrimp & scallops	69.50	139.00
Lasagna - Meat or Vegetarian	55.00	—
Meatballs or Sausages	55.00	110.00
Ravioli - Cheese or Meat	55.00	110.00
Carbarnara	57.50	115.00
Meat Sauce	55.00	110.00

Chicken

	Small Tray 9-10 persons	Large Tray 18-20 persons
Marsala	67.50	135.00
Parmigiana	67.50	135.00
Griglia	67.50	135.00

Fish

	Small Tray 9-10 persons	Large Tray 18-20 persons
Salmon Griglia	75.00	150.00
Creamy Tilapia	75.00	150.00

Pasta

All Pastas are served with focaccia or garlic bread

■ Penne Marinara	7.50
Tube shaped pasta with our homemade marinara sauce.	
■ Fettuccine Alfredo	7.75
Flat wide pasta with cream sauce and parmesan cheese.	
■ Capellini Pomodoro	7.75
Angel hair pasta, chopped fresh tomatoes, fresh basil, garlic, olive oil.	
■ Linguine Primavera	8.25
Flat pasta with fresh seasonal vegetables in tomato sauce.	
■ Rigatoni al Vodka	8.25
Large tube shaped pasta in creamy tomato sauce.	
■ Farfalle Pesto	8.25
Bow tie pasta with creamy Pesto sauce .	
■ Linguine White Clam Sauce	11.00
Flat pasta, clams, olive oil, garlic, fresh basil in white wine sauce.	
■ Linguine con Polo	9.50
Flat pasta, broiled chicken breast, mushrooms, bell peppers in marinara sauce.	
■ Spinach Fettuccine con Polo	9.50
Wide spinach pasta with chicken breast, scallions, garlic in Alfredo sauce.	
■ Rigatoni Chicken with Cajon Cream Sauce	9.50
Chicken breast, red and green bell peppers, scallions, garlic, white wine and a creamy Cajon sauce over large tube pasta.	
■ Capellini with Shrimp & Scallops	12.00
Shrimp and scallops sautéed with olive oil, garlic, scallions, fresh tomatoes, white wine served over angel hair pasta.	
■ Lasagna Meat or Vegetarian	9.00
Layers of pasta noodles, ricotta, parmesan cheese, marinara sauce with meat or vegetables.	
■ Spaghetti with Meatballs or Sausages	9.00
Spaghetti pasta, marinara sauce and four homemade meatballs or two mild Italian sausages.	
■ Ravioli Cheese or Meat	9.25
Jumbo Raviolis stuffed with cheese or meat in Marinara sauce.	
■ Spaghetti Carbonara	9.50
Spaghetti pasta, bacon, scallions, cream sauce.	
■ Spaghetti Bolognese (Meat Sauce)	9.00
Spaghetti pasta, tomato meat sauce.	
Add Broiled Chicken \$2.25 Add Shrimp \$4.00	
Add 2 Meatball or 1 sausage \$1.75 Add Broiled Salmon \$4.00	
Add any cup of Soup \$2.75 Small Green Salad \$2.75	
Substitute with Gluten Free Pasta - Penne, Spaghetti add \$1.50	

Soups

All Soups are served with focaccia or garlic bread

■ Vegetable Soup (Minestrone)	Cup (11oz)	3.50	Bowl (16oz)	4.95
■ Chicken Noodle	Cup (11oz)	3.50	Bowl (16oz)	4.95
■ Chicken Tortilla with Avocado	Cup (11oz)	3.50	Bowl (16oz)	4.95

Pizza

Slice 10" 16"

■ Margherita (Cheese Pizza)	2.75	8.00	16.00
Mozzarella cheese pizza.			
■ Checca	2.75	8.00	16.00
Mozzarella cheese, fresh chopped tomatoes, fresh basil.			
■ Pepperoni	3.00	10.00	18.00
Mozzarella cheese, pepperoni.			
■ Sausage	3.00	10.00	18.00
Mozzarella cheese, Italian sausage.			
■ Sausage & Pepperoni	3.00	10.00	18.00
Mozzarella cheese, Italian sausage, pepperoni.			
■ Vegetable – Cheese less	3.00	10.00	18.00
Grilled eggplant & zucchini, mushroom, spinach, broccoli, red onion, tomato, basil.			
■ B.B.Q. Chicken	3.00	10.00	18.00
Mozzarella cheese, red onion, BBQ chicken breast.			
■ Hawaiian	3.00	10.00	18.00
Mozzarella cheese, ham, pineapple.			
■ Meat & Veggie	3.00	10.00	18.00
Mozzarella cheese, pepperoni, sausage, mushroom, red onion, olive, bell pepper.			
Extra Topping	0.35	0.80	2.00
Gluten Free Crust	—	2.00	—

Pizza Combo

Mangia Pizza Combo	6.95
■ Any slice from above pizzas, fountain drink and choice of side salad or cup of soup.	

Chicken

All platters are served with two sides of the day and choice of bread

■ Chicken Marsala	10.00
Chicken breast sautéed with garlic, mushrooms, green onions in marsala wine sauce.	
■ Chicken Parmigiana	10.00
Crispy breaded chicken breast baked with marinara sauce and mozzarella cheese.	
■ Chicken Griglia	10.00
Broiled herb marinated chicken breast	
■ Chicken Broccoli	8.00
Broiled herb marinated chicken breast & steamed broccoli sautéed with olive oil & garlic. No sides served with this selection.	

Fish

All platters are served with two sides of the day and choice of bread

■ Salmone Griglia	11.50
Grilled salmon fillet with garlic, green onions, mushrooms, red and green bell peppers with white wine sauce.	
■ Creamy Tilapia	11.50
Fillet of Tilapia, sautéed with mushrooms, green onions, cilantro in cream sauce.	